

BREAKFAST

MAY 2024

LUNCH

All breakfasts include the following components: 2 Oz. Grains, 1 Cup Fruit & 1 Cup Milk.*Optional breakfast is cereal, crackers, fruit & milk

**Cottonwood Union School District
Cottonwood Creek Charter**

All lunches include the following components: 1 Cup Milk, 1-2 Oz. Meat/Meat Alt., 1-2 Oz Grains, Fruit & vegetables

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST:
BENEFIT BAR
FRUIT

LUNCH:
NACHOS
REFRIED BEANS
FRUIT

BREAKFAST:
CEREAL & STRING CHEESE
FRUIT

LUNCH:
TURKEY, RICE & BLACK BEAN BURRITO
CARROTS
FRUIT

BREAKFAST:
HOMEMADE MUFFIN
FRUIT

LUNCH:
SPAGHETTI & ROLL
SALAD
FRUIT

REAKFAST:
FRUIT & YOGURT PARFAIT

LUNCH:
5 LAYER BEAN DIP & CHIPS
CARROTS
FRUIT

BREAKFAST:
BENEFIT BAR
FRUIT

LUNCH:
CHICKEN & WAFFLE SANDWICH
Choice of Gravy or Syrup
HASHBROWN & FRUIT

BREAKFAST:
CEREAL & STRING CHEESE
FRUIT

LUNCH:
EGG MCMUFFIN
HASHBROWNS
FRUIT

BREAKFAST:
HOMEMADE MUFFIN
FRUIT

LUNCH:
MAC & CHEESE
GREEN BEANS
FRUIT

REAKFAST:
FRUIT & YOGURT PARFAIT

LUNCH:
DELI CROISSANT SANDWICH
CARROTS
FRESH FRUIT

BREAKFAST:
BENEFIT BAR
FRUIT

LUNCH:
BBQ CHICKEN FLAT BREAD PIZZA
CHIPS
CARROTS & FRUIT

BREAKFAST:
CEREAL & STRING CHEESE
FRUIT

LUNCH:
CHEESEBURGER
FRENCH FRIES
FRUIT

BREAKFAST:
HOMEMADE MUFFIN
FRUIT

LUNCH:
SLOPPY JOES
VEGGIES
FRUIT

REAKFAST:
FRUIT & YOGURT PARFAIT

LUNCH:
BAKED ZITI
GREEN BEANS
FRUIT

**MEMORIAL DAY
NO SCHOOL**

BREAKFAST:
CEREAL & STRING CHEESE
FRUIT

LUNCH:
TURKEY, RICE & BLACK BEAN BURRITO
CARROTS
FRUIT

BREAKFAST:
HOMEMADE MUFFIN
FRUIT

LUNCH:
SPAGHETTI & ROLL
SALAD
FRUIT

REAKFAST:
FRUIT & YOGURT PARFAIT

LUNCH:
5 LAYER BEAN DIP & CHIPS
CARROTS
FRUIT